

# Enniskillen Neighbourhood Renewal Newsletter

Summer 2022



## What is the Enniskillen Neighbourhood Renewal Partnership?

Neighbourhood Renewal brings together the work of Government Departments and the Council in partnership with local people to improve the surroundings, services, well-being and access to opportunities for residents who live within the designated area. Locally, this is coordinated by the Enniskillen Neighbourhood Renewal Partnership. The Partnership Board meet every other month

to highlight new issues in the area to identify solutions. The Partnership also has a number of Sub-Committees which meet mainly in local community centres (although currently, due to Covid-19 restrictions, meetings take place online with a Freephone dial in option) every other month and are attended by people from a variety of services, agencies, community groups, elected representatives and residents of the area. It is important to remember that Neighbourhood Renewal is not just about funding. Many community improvements may require nothing more than discussion and a fresh set of ideas to help

make a difference which is why attending the Sub-Committee meetings is so important to local representatives and residents. Neighbourhood Renewal is delighted to welcome new members to join the Sub-Committees.

**If you like to come along to a meeting to find out what it is all about please get in touch by contacting Arlene Ennis, Neighbourhood Renewal Coordinator, Fermanagh and Omagh District Council on 0300 303 1777 or email [arlene.ennis@fermanaghomagham.com](mailto:arlene.ennis@fermanaghomagham.com)**

## In this issue

Pages  
2-3

Eight  
Neighbourhood  
Projects

Pages  
4-8

Recent Activity in  
Your Neighbourhood  
Renewal Area

Pages  
10-19

Health, education and  
employability Support  
Matrix

Pages  
22-35

Useful Service  
Providers

Page  
36

Useful Contact  
Numbers



# Eight Neighbourhood Projects

## Providing support where it's needed

These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

### 1. Bridging the Gap - Holy Trinity School

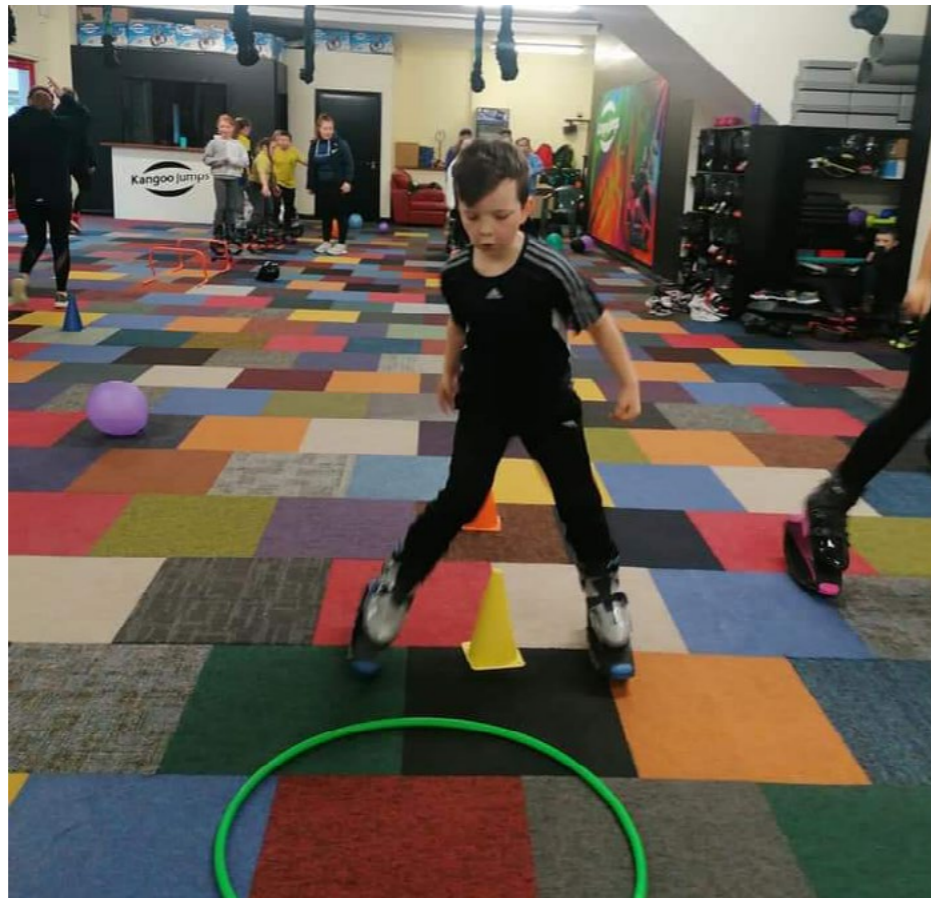
This programme, based in Holy Trinity School, delivers specialist services to pupils, including counselling and reading support.

For further information contact Holy Trinity Primary School on 028 6632 4959

### 2. Devenish Partnership Forum - Homework and Activities Club

The homework and activity club based in Kilmacormick Resource Centre provide assistance and resources for young people aged 8 to 11 (P4 to P7) to complete their homework in a safe and comfortable environment.

For further information contact Devenish Partnership Forum on 028 6632 7808



### 3. Enniskillen Early Days Project

This is early intervention programme provide family support and create childcare places and offer support to children who have experienced domestic violence.

For further information, contact the Devenish Partnership Forum on 028 6632 7808.

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### 4. Enniskillen Health and Well-being Programme

Western Health and Social Care Trust in partnership with the Aisling Centre, Devenish Partnership Forum, Solace and Nexus have been delivering a number of services and activities as part of this project.



The Aisling Centre offers counselling sessions to Neighbourhood Renewal residents. For further information, contact Bridie Sweeney on 028 6632 5811.



Nexus Specialist counselling sessions for those impacted by sexual violence are run by Nexus specifically for those from the Neighbourhood Renewal area. For further information, contact Nexus on 028 6632 0046 or email [enniskillen@nexusni.org](mailto:enniskillen@nexusni.org)



Solace ARC Healthy Living Centre provides a floating support service in Enniskillen for those who are impacted by dependency issues. For further information, contact Solace on 028 6862 8741.

Devenish Health Project Investing in Your Health Programme offers health and well-being courses and opportunities for residents of 21 the Neighbourhood Renewal Area. To find out more about how to enrol for the programme contact 028 6632 0280 or email [devenishpartnershipjamie@outlook.com](mailto:devenishpartnershipjamie@outlook.com)

### 5. Going Places with South West College

The going places project has been designed to support Neighbourhood Renewal residents thrive in education, training or finding employment. We aim to improve your employability, skills and opportunities to access accredited qualifications. Our staff mentor you through the process to ensure you have a positive experience in South West College or finding employment.

If you feel that you would like to explore training, education or career opportunities with the support of a mentor please contact a member of the Going Places Programme on 07831122703 or email [gavin.connolly@swc.ac.uk](mailto:gavin.connolly@swc.ac.uk)



### 6. Learning Mentor Enniskillen

This project employs an education mentor to work one to one with students across six post primary schools in Enniskillen.

For further information contact Laura Richmond on 028 6632 2265 or via email [richmond920@c2kni.net](mailto:richmond920@c2kni.net)

### 7. Neighbourhood Renewal Coordinator

This project provides funding for the employment of a full time Neighbourhood Renewal Coordinator who is responsible for the implementation of both the Enniskillen and Omagh Neighbourhood Renewal Acton Plans, the 'vision' document for the Neighbourhood Renewal Partnership.

For further information, contact Arlene Ennis, the Neighbourhood Renewal Coordinator on 0300 303 1777



### 8. West End Communities Centre

This project provides funding for the new permanent West End Community Centre, hosting a variety of activities for all residents in the Neighbourhood Renewal area.

For further information contact Anne O'Neill on 07717251087



These projects are funded by Neighbourhood Renewal funding from the Department for Communities (DfC).

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# Recent activity in your Neighbourhood Renewal Area

## The Health Project

The Neighbourhood Renewal Investing in your Health Project supports residents to look after themselves and their communities. The project aims to support the reduction of obesity, alcohol and drug use whilst also enhancing positive mental health and physical wellbeing.

The Enniskillen Neighbourhood Renewal Health Project continues to work towards improving the health and wellbeing of those living in our communities. Specialist support and counselling sessions are offered which are provided through the Aisling Centre, Nexus NI and SOLACE. These services provide a vital service to many individuals living in our Neighbourhood Renewal areas here in Enniskillen.

As part of the Health Project, we have a Health Co-ordinator based within Devenish Partnership Forum – Jamie Campbell. Jamie co-ordinates and delivers a wide range of programmes and courses that help to promote health and well-being in NR areas. Previous activities and programmes included Cook-It, walking groups and chair-based exercises.

Two community groups; Devenish Partnership and The West End Community Centre came together to host a Christmas Party, which included a Christmas lunch and some live music. This event was a great success with positive feedback from those who attended.

Collaboration events between Enniskillen and Omagh NR also took place. A trip to the Ulster American Folk Park was arranged and individuals enjoyed hearing the historic stories of Irish emigration. Similarly, a Men's Fishing Trip to Birchwood Fisheries took place. Both these events were very well represented by the communities, with positive feedback from all attendees.

**To find out more information on the programmes running or if you would like to get involved, contact Jamie at Devenish Partnership Forum on [devenishpartnershipjamie@outlook.com](mailto:devenishpartnershipjamie@outlook.com) or call (028) 6632 7808.**



To find out more about any of the Neighbourhood Renewal health programmes currently running in your area, please contact Kathryn McDonagh on (028) 8283 5026 or [Kathryn.mcdonagh@westerntrust.hscni.net](mailto:Kathryn.mcdonagh@westerntrust.hscni.net).

# Recent activity in your Neighbourhood Renewal Area

## Devenish Partnership Forum

### Homework and Activity Club

The Homework Club currently has 37 children from Neighbourhood Renewal Areas attending on a regular basis. The homework club gives the children a chance to avail of resources they may not have at home to complete their homework in a relaxed and safe environment. There is access to iPads to complete online platforms e.g. Mathletics, Freckle and all our Friday activities are curriculum based.

We are currently in the process of organising our annual Summer Scheme which will be held on the first two weeks of July.

These activities and trips give the children the opportunity to play with their friends and have some well-deserved time off homework, which is vital.



The children have the option to attend 5 days per week but they must attend a minimum of three to sustain their place in the Homework Club.

Since Christmas the children have participated in activities such as Polliwogs, Cinema, Kangoo Dance, Johnny Rockos and we also had our Midterm Trip to the Share Centre.

The children also had their annual Christmas trip where we went to Airtastic which they thoroughly enjoyed.

The Friday activities planned leading up to the holidays are fun and Games, Baking, Lakeland Forum and many more. The Summer Scheme will take place again this year with plenty of activities and fun to be had for all the children in the area.



# Recent activity in your Neighbourhood Renewal Area

## Early Days

The Early Days Junior Homework Club currently has 24 children from Neighbourhood Renewal Areas attending on a regular basis. The homework club gives the children a chance to avail of resources they may not have at home. There is access to iPads to complete Maths work, an extensive reading library for Accelerated Reading and all our Friday activities are curriculum based.

We are currently in the process of organising our annual Summer Scheme which will be on in the last two weeks of July.

These activities and trips give the children the opportunity to play with their friends and have some well-deserved time off homework, which is so important.

The children have the option to attend 5 days per week but they must attend a minimum of three to sustain their place in the Early Days Homework Club. Since Christmas the children have participated in activities such as Polliwogs, Cinema, Kangu Dance, Jonny Rockos and we also had our Midterm Trip to Aladdins Kingdom.

The children also had their annual Christmas trip where we went Ballyshannon Fun Farm where the children got to meet Santa Claus and the Reindeers and also received a gift from Santa.

The Friday activities that we have planned leading up to the Summer are fun and games, baking, and visiting the Lakeland Forum. As an end of year treat we will be heading out on a boat trip on Lough Erne which should be a big hit for all.



# Recent activity in your Neighbourhood Renewal Area

## Kilmacormick 1 Community Association

Little Foxes Playgroup, Kilmacormick opened for our new intake of children in September and in accordance with guidelines and the approval of Social Services we have continued to offer our service Monday - Friday based on the Eager & Able To Learn Programme. All 24 places have been filled.

The past two years have been challenging for us and we have been truly fortunate to have the full support of parents, Social Services and our Community as we look forward to better times ahead.

**Contact numbers for the Playgroup :**  
02866 320280/ 079021336701



## West End Partnership

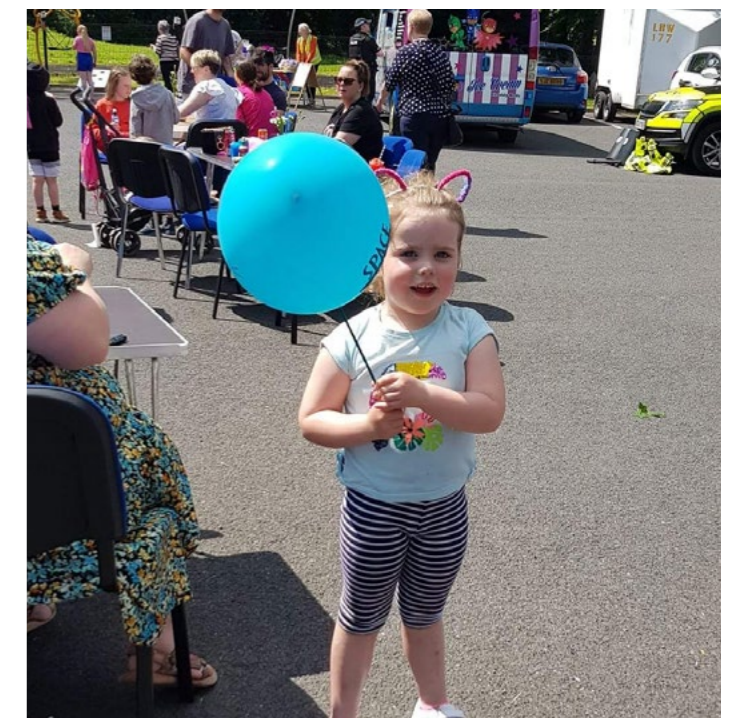
The West End Partnership, who operate the West End Communities Centre have been very busy since the easing of covid restrictions. They have enjoyed a jammed packed programme of activities since January which included Little Mess Fermanagh, Jumping Clay, baby massage, zumba, chair exercises, hula hooping, line dancing and boxercise to name but a few! The Partnership keeps the community busy by organising and hosting an array of events and activities for the everyone to take part in. There are regular activities such as the bingo club, Knit and natter and the bowls club, both of these clubs always have a great turnout and always welcome new members as this is a great way for the community to socialise with each other.

A new programme of activities is published each quarter, with details of free activities including kid's activities (dance, jumping clay, baby sensory), arts and crafts, exercise classes and much more. The flyers can be found in the community centre.

The partnership are always looking for new members and if anyone wishes to get involved with the community group they would be welcomed.



With the easing of restrictions, the Partnership organised a magical Christmas party for the children in the area with party games, a visit from Postman Pat and of course a present from Santa! More recently the residents enjoyed a wonderful afternoon in the sun at the Fun Day to mark the Platinum Jubilee, with bouncy castles, puppet show, ice cream van, and the opportunity to meet up, have a cup of tea and a good chat. The Partnership have worked extremely hard in getting the West End Community Centre thriving again and they encourage all members of the community to make use of the centre and what it has to offer.



For further information on the West End Partnership, contact Anne O'Neill on 07717 251087

# Recent activity in your Neighbourhood Renewal Area

# Enniskillen Going Places Programme

## West End Community Centre

The West End Community Centre located on 88 Rossorry Church Road, Enniskillen, has now been open for three years, still exceeding expectations with the number of users and the success it has had. The centre is being used to almost full capacity on a daily basis with various organisations booking the facilities. The centre offers a main hall, small meeting room and an excellent kitchen facility which is an added bonus for groups hiring the centre. The centre is available to anyone for room hire, for family gatherings, children's parties, discos, exercise classes, dance classes, seminars, workshops and more.

yoga, line dancing, step aerobics, ceramics, mindfulness and kids dance and drama to name a few. The centre offers regular activities such as bowling, knit and natter group, bingo and the West End Tea Pots. Everyone is welcome to come along and enjoy a cup of tea and a chat, perfect for those who would like to socialise and meet new people or for anyone who may be feeling a little lonely.

**For room hire of the West End Community Centre please contact Fermanagh and Omagh District Council Community Services on 0300 3031777 or email [fodcommunitycentres@fermanaghomagh.com](mailto:fodcommunitycentres@fermanaghomagh.com)**

Neighbourhood Renewal provide the centre with a programme of activities organised for Neighbourhood Renewal residents to avail of, most of which are free of charge. The programme of activities is delivered to all the houses within the Neighbourhood Renewal, and residents must contact the neighbourhood renewal coordinator to register for each activity. The range of activities is designed to suit all age groups such as yoga, sensory play sessions, card making, arts and crafts, chair



## West End Tea Pots

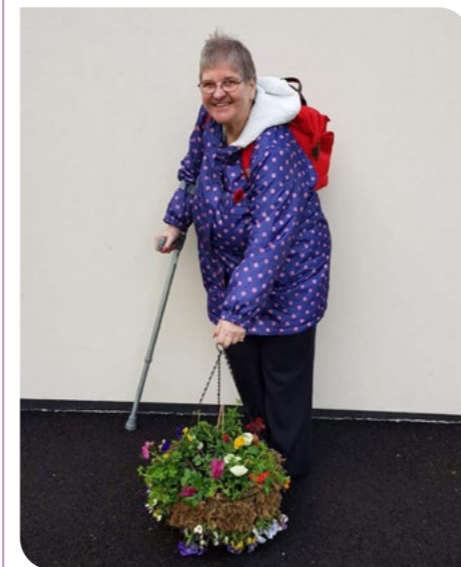
In March of this year, the West End Teapots returned to the West end Community Centre with much joy and relief after a two year break due to the Pandemic. The men and women of the teapots were so pleased to return after such a long time of restrictions and anxiety. Twenty people returned on the first meeting and enjoyed it immensely, celebrating with a lovely afternoon tea which was funded by SWAP and supplied by the Afternoon Tea Fairies.

The West End Teapots group is for anyone lonely or alone, over 60 years of age and for a number of years pre Covid-19, enjoyed a number of talks and activities at the centre

but most importantly it was a lifeline to meet up with others for tea and a chat, which was sorely missed over the past 2 years. Thankfully the group has enjoyed a number of weeks back together and have been busier than ever with talks and demonstrations from a number of groups and organisations, such as a gardening talk by Id Verde where they heard how to best encourage bees in the garden and took home some beautiful hanging baskets, a home safety talk from Fermanagh and Omagh District Council and were very happy to receive fifteen 10 inch tablets which were funded by the Northern Ireland Housing Executive.

The Teapots are so happy to be back up and running again and are excited for the year to come. They meet on a Monday from 2pm-4pm and due to their popularity currently have a waiting list for new members.

**For more information please contact Lorna on 07752058966.**



This project involves the dedicated services of the three Mentors in a combined programme who work together as a team to cover all four neighbourhood Renewal areas across Enniskillen, Omagh, Dungannon and Coalisland.

The Going Places project has continued to act as a stepping stone for Neighbourhood Renewal Residents to access education, training or employment. Although it is recognised that there are a number of training courses available in the area, this project is funded to target and provide support to a specific group of people who, without the additional support of one to one mentoring, throughout their training period to ensure participants remain on the programme and focus on developing transferable skills required for the world of work.

The project continues to focus on level 2 and above training provision to avoid duplication with other training courses and meets an identified gap in these Neighbourhood Renewal areas. Prior to the introduction of the Going Places project a lot of the current opportunities available were being specifically targeted at the under 25 age bracket.

The Department for Communities Jobs & Benefits Offices have confirmed that this programme compliments existing college provision by providing access to education and training, as Neighbourhood Renewal Residents are currently under represented in College enrolments in each of the four Neighbourhood Renewal areas.

**South West College**

**ARE YOU AGED 16-65? LEAVING SCHOOL THIS YEAR OR UNEMPLOYED?**

**DO YOU LIVE IN A NEIGHBOURHOOD RENEWAL AREA?**

**FULLY FUNDED SOUTH WEST COLLEGE COURSES AVAILABLE**



# Health Support

# Health Support

Organisation	Project Name	Support Offered	Contact	Target Group	Referral Process	Address
Action Mental Health	<b>MENSANA</b>	Mental Health Awareness Resilience Programmes including Mindset Provoking Thought Bullying, confidence and self esteem, exam stress, stress awarness, suicide and self-harm and Healthy Me.	028 6632 3630 078 8980 4516 <a href="https://www.amh.org.uk/services/menssana/tfymenssana@amh.org.uk">https://www.amh.org.uk/services/menssana/tfymenssana@amh.org.uk</a>	Contact at beginning of March for new contact name	self referral	7 Cherrymount Road Drumcoo Enniskillen BT74 6GN
Action on Hearing Loss	<b>Hearing Aid User Support</b>	At our Hearing Aid User Support Service drop-in sessions. At Hearing aid User Support Service, we can provide: New batteries and ear mould tubing or filter tips for NHS hearings, Information on how to use and clean your hearing aids, Information on hearing loss/tinnitus and all the services that can help you, having your hearing checked.	Sheena Kelly (028) 822 51446 075 5335 3980 <a href="http://www.actionhearingloss.org.uk">www.actionhearingloss.org.uk</a> sheena.kelly@hearingloss.org.uk	Fermanagh House, Broadmeadow Place, Enniskillen BT74 7HR	self referral	
Addiction NI	<b>Recovery Together</b>	Drug and alcohol support, treatment and support for people who are dependent on alcohol or drugs. We provide tailor-made treatment programmes for people with drug or alcohol problems, delivered in community settings.	028 8283 9240 enquiries@addictionni.com <a href="https://www.addictionni.com">https://www.addictionni.com</a>		self referral	
Aisling Centre	<b>Counselling Psychotherapy &amp; Well-being Service</b>	Professional Counselling, Psychotherapy & Child Play Therapy Sevice - service for victims and survivors of sexual abuse & victims and survivors of the NI Troubles as well as issues such as trauma, anxiety, mild to moderate depression, loss, and other difficult times in people's lives	Bridie Sweeney (028) 6632 8511	37 Darling Street Enniskillen BT74 7DP	self referral	
ASCERT	<b>Steps to Change</b>	Provides a programme of support to individuals to help them reduce the harm caused by alcohol or drug use. It is also available to family members affected by another persons substance use, even if the person using substances does not want help.	0800 2545 123 info@ascert.biz	All adults	Self referral	ASCERT 7a Dublin Rd Omagh BT78 1ES
ASCERT	<b>DAISY</b>	The DAISY service provides confidential support for young people aged 11 - 25 years and their families to reduce the harm caused by substance misuse.	Christine McLean 0800 2545 123 <a href="http://www.ascert.biz">www.ascert.biz</a>	Young people aged 11 - 25 years and their families		ASCERT 7a Dublin Rd Omagh BT78 1ES
Alzheimer's Society	<b>Dementia Support Fermanagh</b>	Our dementia support workers offer information and practical guidance to help you understand dementia, cope with day-to-day challenges and prepare for the future. They offer information to people who are worried about their memory and ongoing support to people affected by dementia face to face, over the phone or in writing.	028 6634 4073 fermanagh@alzheimers.org.uk	Any affected by dementia	Self referral or through healthcare professional	Community Services Building Coleshill House, 2 Coleshill Road, Enniskillen BT74 7HG
Aware	<b>Aware Defeat Depression</b>	Support groups welcome people with depression and bipolar disorder as well as carers for people with the illness. We also deliver Information Outreach sessions and attend community events to give more information about AWARE and our services. AWARE deliver mental health and well being programmes into communities, schools, colleges, universities and workplaces. These programmes include our suite of Mood Matters programmes, Living Life to the Full, Mental Health First Aid and Mindfulness. Offering limited services at the moment due to Covid check website for updates	028 7126 0602 (028) 6632 8511 <a href="https://aware-ni.org/">https://aware-ni.org/</a> info@aware-ni.org	People with depression / bipolar and their carers	self referral	Aisling Centre, Darling Street, Enniskillen
Cancer Connect NI	<b>Helpline telephone service</b>	The Cancer Connect Centre provides information, guidance and practical support within a safe and confidential environment to individuals and their families who have been touched by cancer.	07562191796 info@cancerconnectni.org	anyone affected by cancer	self referral	3 Forthill Road, Enniskillen, Co Fermanagh, BT74 6AW
Cherish Sure Start	<b>Devenish 2 Year Old programme</b>	The Sure Start Developmental Programme for 2-3 Year Olds is a government funded programme for children in their pre-preschool year.	Becky Miller 028 6632 3153 <a href="http://www.archlc.com/activity/cherish-sure-start/">http://www.archlc.com/activity/cherish-sure-start/</a>	Children aged under 4	Self referral or through healthcare professional	Aisling Centre, Darling Street, Enniskillen
21 Training	<b>Community Family Support Programme</b>	Your family will receive help to access a range of opportunities to address health, social and economic issues that impact on your daily lives	Ciara Balfour 07739651585 cbalfour@21.training	Families	self referral	
Cruse Bereavement Care	<b>Cruse Bereavement Care</b>	Our mission is to offer support, advice and information to children, young people and adults when someone dies and to enhance society's care of bereaved people. Due to Covid no face to face support available at present but telephone support available.	02882 244414 Omagh@cruse.org.uk	anyone affected by bereavement	self referral	Tyrone & Fermanagh Hospital, 1 Donaghane Road, Omagh, Co. Tyrone, BT79 0NS
Devenish Partnership Forum	<b>Investing in Your Health</b>	Increase the length of peoples lives, increasing the number of years they spend free from disease, illness and disability	Jamie Campbell (028) 6632 7808 devenishpartnershipjamie@outlook.com Facebook: Devenish Partnership Forum	Anyone	self referral	
Epilepsy Action / Headway Brain Injury Association	<b>Epilepsy and/or brain injury counselling service</b>	Epilepsy Action Northern Ireland and Headway, the brain injury association, work together to provide community-based counselling throughout Northern Ireland. The service is for adults affected by epilepsy and/or brain injury. That could include: Adults affected by epilepsy and/or brain injury, Adults caring for someone affected by epilepsy and/or brain injury, Parents of someone affected by epilepsy and/or brain injury.	Epilepsy Action: Carla Smith 07885 778 585 csmth@epilepsy.org.uk Headway: Johny Turnbull 07826 909110 johnyturnbull@headway.org.uk	Adults affected by epilepsy or brain injury, including families and friends	self referral	Fermanagh House, Broadmeadow Place, Enniskillen, BT74 7HR, United Kingdom

# Health Support

# Health Support

Organisation	Project Name	Support Offered	Contact	Target Group	Referral Process	Address
Fermanagh and Omagh District Council	<b>Home Safety</b>	We offer free home safety checks for all residents who are over 65, families with children under 5, and vulnerable adults, living within our council area. The checks offer tips on all aspects of home safety, as well as specialist advice on topics like heating and energy saving. Identify potential risk areas in your home, for example slips and trips hazards, blind cords or poisoning risks, issue home safety equipment (subject to the eligibility criteria detailed below, and stock availability) provide tailored advice on how to make your home safer, refer you for a free smoke alarm installation.	0300 303 1777 home.safety@fermanaghomagh.com	Over 65's and families with children under 5	self referral	
Leonard Cheshire Disability	<b>Access for Success</b>	Personal Development Programme and Self-employment Programme. improving confidence, encouraging positive coping techniques, engaging in the local community and instilling independence to help build resilience. By developing these skills, young people will have a platform to make positive changes whilst improving their health and well being	Jackie Kelly jackie.kelly@leonardcheshire.org 07860 916326	Young people aged 18-25 with a disability	self referral	
Men's Shed Action Mental Health	<b>AMH New Horizons</b>	A project for men aged 60+ to share skills, socialise and connect with the wider community.	David Lowe (028) 6632 3630 dlowe@amh.org.uk	Men 60+	self referral	
Managing the Challenge Action Mental Health	<b>AMH Managing the Challenge</b>	Self-management programmes that teach skills to manage all aspects of living with a long term health condition and pain. Online service due to covid 19	Brenda Burns 02866720673 mtc@amh.org.uk	For those 18 years and older with a health condition	Self referral	7 Cherrymount Road, Drumcoo, Enniskillen, BT74 6GN
Fermanagh Brightstarz	<b>Fermanagh Brightstarz</b>	Fermanagh BrightStarz is a Fermanagh based community group which aims to improve the lives of people with a learning / physical disability, through drama.	07966697422 fermanaghbrightstarz@gmail.com	Adults with a learning / physical disability	self referral	
National Autistic Society	<b>Local Support Groups</b>	A dedicated parental support group offering advice and support to parent carers or autistic adults. The family club helps with the social development of Club members through a range of activities.	Olive 07500 037784 northernirelandwest@nas.org.uk	Anyone affected by autism	self referral	Tyrone & Fermanagh Hospital, 1 Donaghane Road, Omagh, Co. Tyrone, BT79 0NS
Nexus NI	<b>Specialist counselling</b>	Specialist counselling to survivors of sexual violence, abuse and rape - for men and women.	Nichola Greene info@nexusni.org (028) 6632 0046 0808 802 141	All survivors and victims aged 16+	Self referral or via health professional	
Sands	<b>Enniskillen Support Group</b>	A relaxed, safe and friendly place to meet other bereaved parents and share each others stories of loss and grief.	Tel: 08081643332 helpline@sands.org.uk	Bereaved parents and carers	self referral	KillyhevlinHotel, Dublin Road, Enniskillen
SOLACE	<b>Drug and alcohol support</b>	Supportive Opportunities for Living with Addiction in a Community Environment – befriending/advocacy support service aiming to reduce harm, caused by chronic addiction, to individuals, families, and communities.	Aidan Ormsby (028) 6862 8741 aidan.ormsby@archlc.com	Open to all adults	GP, Self referral, addictions services, Family, alcohol liaison nurse, any community organisation	Arc Healthy Living Centre 116 - 122 Sallyswood Irvinestown BT94 1HQ
The FIND Centre	<b>Support and advice for 11-25 year olds</b>	Youth engagement service Providing information, advice, signposting and supported referrals to young people between 11 - 25 years on a variety of emotional health and well-being issues. One-to-one support information and resources Advice, Signposting, Supported Referrals	Bernadette O'Shea or Stacey Lynch Tel: 02866 325559	Young people 11 - 25 years	Self referral or via health professional	2 Quay Lane Enniskillen BT74 6AG
Western Health and Social Care Trust	<b>Contraception and Sexual Health (CASH)</b>	Contraception and sexual health clinics are a free and confidential service offering sexual health information and advice, all methods of contraception, emergency contraception, education, counselling, STI screening, smears and pregnancy testing	028 6638 2693	Open to all	Self referral	Omagh Hospital & Primary Care Complex, 7 Donaghane Road, BT79 0JJ
Western Health and Social Care Trust	<b>Omagh and Enniskillen Neighbourhood Renewal Health Project</b>	Co-ordination of the Neighbourhood Renewal Health projects both in Omagh and Enniskillen. Signposting to relevant services within the Western Trust area.	Kathryn McDonagh 028 828 35026	Open to all those living within the Neighbourhood Renewal areas in Omagh and Enniskillen	Open referral	Health Improvement Department Main Building T & F Hospital Omagh BT79 0NS
Western Health and Social Care Trust	<b>Macmillan Information and support service</b>	The Macmillan Information and Support Service provides information and support for anyone affected by cancer, those who have questions or queries about cancer to include their families, carers and friends. We can also signpost to local services that will meet health and well-being needs that includes: finances, physical, practical, emotional and social support	Martha Magee / Julie Martin 0287132 0105 or 07342075636 Macmillan.information@westerntrust.hscni.ne	Anyone affected by cancer	Self referral or through medical professional	SWAH, 124 Irvinestown Road, Enniskillen, BT74 4RT
Women's Aid	<b>Fermanagh Women's Aid</b>	Fermanagh Women's Aid provides information and confidential support to Women & Children who are currently, or have previously been, affected by Domestic Violence or Sexual Abuse. Fermanagh Women's Aid also works with other support groups for Men and Youth. We can help you find the right support for you or someone you care about.	028 6632 8898 0808 802 1414 https://www.fermanaghwomensaid.com/	Anyone experiencing domestic abuse		Safe Hands Centre, 19 Darling St, Enniskillen BT74 7DP
Zest	<b>Self Harm Intervention programme</b>	SHIP is suitable for people who have self-harmed and have personal or social problems that are causing distress, but who do not need ongoing care by the mental health services in their local Health and Social Care Trust. Before you are referred to SHIP, your needs will be assessed to make sure this is the right service for you. SHIP also offers a short period of education and support to people who care for someone who self-harms (eg a parent, partner or friend).	Conor McCafferty 028 7126 6999 Zest@zestni.co.uk www.zestni.org	All those suffering from mental health, suicide, depression or thoughts of self harm	self referral by appointment	15a Queen Street L'Derry BT48 7EQ

Organisation	Support	Support Activity	Local Contact	Age	Self-referral or through a professional?
Action for Children	<b>Floating Support Service</b>	Works across Fermanagh offering support to young people aged 16/17 where there is a risk of family breakdown, risk of homelessness. Or aged 18-21 leaving care. In Fermanagh we have extended our upper age limit to 25 year olds where there are complex needs and they are at risk of homelessness.	14 Darling Street, Enniskillen, Co. Fermanagh, BT74 7EW 028 6632 4181 www.actionforchildren.org.uk	16-25	Both
Action for Children	<b>Supporting Families, Supporting Communities</b>	The Supporting Families, Supporting Communities programme is an early intervention service which deals with the impact of alcohol abuse. Its aim is to be a preventative, educative and awareness raising service for children, young people and their parents/ carers through providing a short-term and focused service to individuals in their homes and to schools and community groups throughout the whole of Fermanagh. Individuals and families can access the service by self-referral or through a professional.	14 Darling Street, Enniskillen, Co. Fermanagh BT74 7EW 028 66 324 181 www.actionforchildren.org.uk	0-18	Both
Action for Children	<b>Early Intervention Family Support Service</b>	We aim to help children and their families work together at an early stage to explore solutions and prevent more long term problems from arising. Works across Fermanagh offering support to families.	14A Darling Street Enniskillen County Fermanagh 028 66 324 181 www.actionforchildren.org.uk Telephone: 028 6632 4181	0-18	Both
Action for Children	<b>Parent Talk</b>	Action for Children's under-fives team bring you advice and one-on-one chat support. We'll also signpost you to local services, and the best parenting apps and websites we can find.	<a href="https://parents.actionforchildren.org.uk/">https://parents.actionforchildren.org.uk/</a>	0-5	Both
Child and Adolescent Mental Health Services (CAMHS)	<b>Primary Mental Health Service</b>	Early identification of the development of mental health problems in children and young people.	Erne Health Centre, Enniskillen 028 66 560701	0-18	Professional
21 Training	<b>Community Family Support Programme</b>	The Community Family Support Programme is aimed at people aged 16 to 64 who are not in education, training, or working more than 16 hours per week with personal barriers impacting on their ability to find or sustain employment, education or training. The project supports participants to address health, social and economic needs, which are preventing them from finding or succeeding in education, training or employment.	The FIND Centre, 27C East Bridge Street Enniskillen, Co. Fermanagh, BT74 6AG T: 028 6633 0515 enquiries@21.training	Whole family with one member 16-74 years	Both
Department of Education	<b>Toybox</b>	To significantly reduce the social and educational inequalities experienced by young Traveller children through out-reach playbased early intervention.	Telephone (028) 8775 1706	0-4 years	Self
Devenish Partnership Forum	<b>Early Days, Homework and Activity Club, Positive Peers</b>	Academic and Pastoral support for young people in the Neighbourhood Renewal Areas	028 6632 7808 028 6632 8866 devenishpartnership@hotmail.com	4-16 years	self
Education Authority	<b>Educational Psychology Service</b>	Aims to provide an effective, efficient, high quality service to children and young people in the age range of 0-19 in the context of learning, emotional and behavioural difficulties and where possible prevent these difficulties arising.	Child Guidance Centre 45 Derrychara Road Derrychara Enniskillen BT74 6JF 028 6634 3900 Psychology.Enniskillen@eani.org.uk	0-19 years	Pre-school Children - Community Paediatrician Nursery and School aged - Principal
Education Authority	<b>Education Welfare Service</b>	The Education Welfare Service is a specialist education support service which seeks to work in partnership with parents and schools to maximise every pupils educational opportunities.	Education Authority 1 Hospital Road Omagh BT79 OAW Telephone (028) 8241 1289		Both
Education Authority	<b>The Youth Service</b>	The EA Youth Service manages and operates a range of funding programmes to support the delivery of Youth Work Practice, the Youth Work Curriculum and to improve outcomes for all our children and young people.	Lakeland Youth Centre, Wellington Road, Enniskillen 028 66 326932	6-25 years	
Education Authority	<b>Pupil Support Services</b>	Pupil Support Services provide support across the Authority to schools, parents, children and young people for a range of special educational and medical needs. Services: Autism Advisory & Intervention Service (AAIS) / Literacy Service / Sensory Service / SEN Early Years Inclusion Service (SEN EYIS) / Language & Communication / SEN Inclusion Service / Transition	28 Dublin Rd, Enniskillen BT74 6HN 028 66 343900 <a href="https://www.eani.org.uk/search?search_api_fulltext=pupil+support+services">https://www.eani.org.uk/search?search_api_fulltext=pupil+support+services</a>		School



Organisation	Support	Support Activity	Local Contact	Age	Self-referral or through a professional?
Education Authority	<b>Special Education Statutory Services, Transition Service and Advice and Information Service</b>	This service considers the statutory assessment of children and young people's special educational needs and are responsible for the school placement of statemented children, providing advice on special educational needs to families and schools.	1 Hospital Road Omagh BT79 OAW Telephone (0)28 8241 1411		Both
Education Authority	<b>Traveller Education Support Service</b>	To help improve pupil outcomes and ultimately their life chances through supporting schools, children, young people & their families	Concepta Gilheaney. Child Guidance Centre, 45 Derrychara Road, Enniskillen, Co Fermanagh BT74 6JF. Mobile: 07826866476. Email: Concepta.Gilheaney@eani.org	0-18 years and parents	Self
Education Authority	<b>School Age Mothers (SAM) Programme</b>	EA's School Age Mothers Programme (SAM) provides schools, families and other interested parties with guidance and support to ensure young women who wish to continue their education at school, whilst pregnant or having had a baby can do so.	028 7127 2321 0782 6866 481 Janice.stewart@eani.org.uk	Under 18 years	Both
Home-Start	<b>Home Start Lakeland &amp; Irvinestown district</b>	Home visiting support for parents with children under five years old.	2c New Street Belmore Mews Enniskillen BT74 6AH Telephone (028) 66346 818 Email info@homestartlakeland.com	0-5 years and parents	Both
Mencap	<b>Mencap</b>	Valuing and supporting people with a learning disability and support people to live a life they choose.	Helpline 0808 808 1111 Email mencapni@mencap.org.uk		Self
Learning Mentor Enniskillen	<b>Learning Mentor Programme</b>	Provides one to one mentoring to Neighbourhood Renewal students	Laura Richmond (028) 6632 2265 lrichmond920@c2kni.net	11-18 years	Self or Staff
SureStart	<b>Sure Start Fermanagh</b>	Surestart is an outreach programme available to all families with children under four years old to help them reach their full potential in Health, Education, Social and Play Skills.	Cherish Sure Start The Arc Healthy Living Centre 60 Castle Street Irvinestown BT94 1EE 028 6862 1970 Email: maeve.linton@archlc.com	0-4 years and parents	Self
Western Health and Social Care Trust	<b>Autism Spectrum Disorder Service</b>	A multidisciplinary service that has been developed to offer assessment, diagnosis, support and early intervention for children and young people who are presenting with characteristics commonly associated with the autistic spectrum	The Childrens Centre South West Acute Hospital Enniskillen Tel: 028 6638 2000		Both
Western Health and Social Care Trust	<b>Children's Disability Service</b>	We provide a range of services for disabled children and young people with a learning disability, physical disability and/or with physical health needs or sensory needs. These services aim to help disabled children and young people live lives that are as full as possible.	Community Services, Enniskillen 2 Coleshill Road Enniskillen Co Fermanagh BT74 7HG 02866344000	0-18 years	
Western Health and Social Care Trust	<b>Sensory Support Team</b>	To support children who have sensory disabilities, be that deafness, hearing loss or visual impairment. This support service is to maximise opportunities for each child to ensure they reach their full potential	Drumcoo Centre Drumcoo Enniskillen BT74 6AY Telephone (028) 6632 4400 martina.dempster@westerntrust.hscni.net		Both

Organisation	Programme Name	Programme Summary	Eligibility Criteria	Effect on Benefits	Level of Commitment	Mentor Led	Qualifications	Placement	Contact
Action Mental Health	<b>Boost</b>	BOOST is a young people's programme for 18-25 year olds experiencing mental health challenges. BOOST aims to help re-build confidence and self-esteem to enable participants to re-engage in main stream education and/or employment. The programme runs a range of personal development, vocational & employability programmes along with a range of fun activities	Aged 18-25. experiencing mental health challenges	None		Yes	A range of accredited and non accredited courses	Yes	Caroline Ferguson or Kathryn Hughes (028) 6632 3630 New Horizons
Action Mental Health	<b>New Horizons Employability Programme</b>	The AMH Employment Programme aims to prepare, place and support you to increase your skills and, if you wish to, access employment. Options are: Accredited employment courses to improve job search and interview techniques, Training placements Paid Work, Voluntary work, Further Education/Training	Aged 18+ Mental Health challenges	None, however JBO must be informed.	Support provided for up to 18 months	Yes	A range of accredited and non accredited courses	Yes	Caroline Ferguson or Kathryn Hughes (028) 6632 3630 New Horizons
Fermanagh & Omagh District Council	<b>Aspire</b>	A tailored employability programme to support people into paid employment.		None, however JBO must be informed.	Minimum of 16 hrs per week.	Yes	A range of accredited and non accredited courses	Yes	aspire@fermanaghmagh.com 0300 303 1777 028 6632 6478
Invest NI	<b>Go For It</b>	Go For It is a free programme for budding entrepreneurs in Northern Ireland which provides professional business start-up mentoring and support tailored to your business idea. It is part funded by local councils in Northern Ireland and delivered by experienced business advisors across Northern Ireland's wide network of participating Enterprise Agencies.	Aged 18+	None	N/A	Yes	Offering mentor support for business plan creation	No	www.goforitni.com
Jobs and Benefits Office	<b>Careers Service</b>	The Careers Service provides an impartial, all-age careers information, advice and guidance service, to help young people and adults make informed choices about their future career paths	Aged 16+ Client of the Jobs and Benefits Office	None	N/A	Yes	Not applicable.	Not applicable	0300 200 7820
Leonard Cheshire Disability	<b>Access For Success</b>	Personal Development Programme and Self-employment Programme.	Aged 16 to 19 Disabled people who are not in employment or education, disengaged or at risk of becoming disengaged.	None	Flexible around young person - support for up to 2 years.	Yes	Not applicable.	Yes	Unit C7 Omagh Enterprise Centre, Omagh 028 8224 8118
NIHE	<b>Social Housing Enterprise Investment Scheme</b>	Education, Training & Business Start-up Grants. Grants of up to £1000 are available.	resident in a defined Housing Executive estate or involved in a social economy initiative in a NIHE neighbourhood	TBC	Not applicable.	Not applicable	Not applicable.	Not applicable	socialinvestments@nihe.gov.uk 0344 892 0900
Rutledge Recruitment and Training	<b>Training For Success</b>	The programme guarantees training up to 104 weeks (156 weeks for those with a disability) to help you gain the recognised skills and qualifications to help you progress in your chosen career. Training for Success is delivered across four strands: Skills for your life / Skills for Work Level 1 / Skills for Work Level 2 / Skills for Work Level 3	young people aged 16 - 17, with extended age eligibility for young people with a disability up to age 22 and up to age 24 for those from an in-care background.	None	104 weeks	yes	Depends on individual's needs. Level 1-3	Yes	028 6632 9858 028 703 52434 <a href="https://rutledgegroup.co.uk/training/contact/">https://rutledgegroup.co.uk/training/contact/</a>
Rutledge Recruitment and Training	<b>Steps 2 Success</b>	Employment programme to help to build the skills and experience to get and keep a job. Mandatory if receiving Job Seekers Allowance for specified time period.	If you're receiving a work-related benefit, you can take part in Steps 2 Success either:	None	5 hours minimum per month for 12 months.	Yes	Depends on individual's needs.	Yes	kmcnulty@rutledgegroup.co.uk 02870352434
South West College	<b>Going Places</b>	This programme exclusively for Neighbourhood Renewal residents, helps to develop confidence and self esteem to take the next step into employment.	Aged 16+ Neighbourhood Renewal Resident	None, however JBO must be informed.	Minimum of 3 days per week, 12-14 weeks commitment.	Yes	Level 1 and Level 2	Yes	0845 603 1881 077 3428 1030 Gavin Connolly
South West College	<b>Suse+</b>	Employability programme for 16-65 years not in education, employment or training.	Aged 16 to 65 Unemployed or economically inactive	None, however JBO must be informed.	Part time for approx. 3 months (daytime)	Yes	Level 1 and up. A range of accredited and non accredited courses	Yes	Michelle - 07442531667 Laura - 07831122687
Supported Employment Solutions	<b>Workable</b>	SES aims to offer a Supported Employment approach in the delivery of programmes to assist people with disabilities and health conditions to enter and stay in employment	Aged 18+	None	1 year - can be extended	Yes	Depends on the individuals needs	No	Patricia Kelly 02894425354 07976640226 workable@sensi.org.uk
South West College	<b>Youthscape</b>	A cross community and cross border programme which is young person centred. The programme will focus on 3 key areas; Personal Development, Good Relations and Citizenship.	Age 14 - 24 years old Anyone not in full-time education, employment, training or Steps to Work	None, however JBO must be informed.		Yes	Gain OCN Level 1 qualifications in Personal Development, Good Relations and Citizenship	n/a	7557178162
The Princes Trust	<b>Various</b>	Working with young people aged 11- 30 to build confidence and start a career	Age 11-30	Training allowance for under 18 years.	various	Yes	Various	Yes	0800 842 842
Volunteer Now	<b>Volunteer Now</b>	Voluntary placements and support.	Anyone	Check with JBO.	Variety of support opportunities.	Yes	Not applicable.	Not applicable.	028 6605 0000

# Supporting Communities Update

At Supporting Communities, we continue to support and assist our members to respond effectively to Covid-19 and returning to normal practices. Our mission remains unchanged – We work to empower society through engaged, confident, sustainable and inclusive communities.

## Service Delivery

Supporting Communities staff are continuing to work from home but are allowed out in some cases- with risk assessment in place for each visit. Groups will be notified as/when this changes. Support is being provided via phone, email, Zoom etc. we can visit a premises that has been risk assessed.

## Interagency Meetings

Virtual meetings have been facilitated via Zoom for all inter-agencies. Community Development Officers are continually liaising with respective groups regarding the meetings. If a group require a face-to-face inter-agency we will look into this.

## Estate Inspections

Over September and October, Estate inspections took place in Fermanagh and Omagh Neighbourhood Renewal Areas. We were joined by many different agencies and covered a wide range of issues that will be further discussed at upcoming inter-agency meetings. We will be linking with groups again soon to arrange local inspections.

## Funding

Advice and support remains available from Darragh and Supp Comm's Funding Officer Anita. Contact [darragh@supportingcommunities.org](mailto:darragh@supportingcommunities.org) or [anita@supportingcommunities.org](mailto:anita@supportingcommunities.org) to discuss your funding support needs.

**Anita is also running 1-1 Funding Surgeries every Wednesday - via Zoom or phone call.**

- Practical advice on completing successful funding applications
- Access information on a variety of potential funders
- Top tips & a range of ideas to make sure your application stands out from the crowd

To book an appointment contact [anita@supportingcommunities.org](mailto:anita@supportingcommunities.org)

Editions of the monthly Community Funding Bulletin are available on our website. Please feel free to share with your groups: <https://supportingcommunities.org/funding>

## Training Opportunities

We have moved our OCN accredited Community Development training courses online.

**Please keep an eye on our website and social media for further information.**

Contact [darragh@supportingcommunities.org](mailto:darragh@supportingcommunities.org) for more information/to sign up.

Training team are happy to programme in further training courses (OCN 1-3) if there is enough interest.

Supporting Communities is offering free, online sessions over the next few months that will take an introductory look at some popular topics.

For a list of upcoming events please see our website: <https://supportingcommunities.org/latest-events>



## Join 'The Amp'! Amplify Your Voice



'The Amp' is a new engagement tool from Supporting Communities which will enable residents all over Northern Ireland to contribute their thoughts on a range of housing and community-related topics.

'The Amp' aims to amplify the voice of residents in order to influence the decision-makers who can effect real change. We will use 'The Amp' to find out what matters to tenants and residents of all tenures and convey the results to regional governmental departments, local councils, and social landlords who will be able to use the data to better frame future community and housing policy and the delivery of improved services.

The Amp will publish surveys several times a year on topics of interest to communities and relay the findings to the people, organisations, and agencies that can benefit from this kind of grassroots polling.

As our database of Amp registrants grows, we will be able to offer more detailed information about the opinions and concerns of people sorted by type of tenure, council area, age, and other demographics.

Sign up here: [supportingcommunities.org/the-amp-registration](https://supportingcommunities.org/the-amp-registration)

Every time you complete a survey you will be in with a chance of **winning a prize!**

For further information please contact Darragh or Anita on 028 6632 9677 or [darragh@supportingcommunities.org](mailto:darragh@supportingcommunities.org) and [anita@supportingcommunities.org](mailto:anita@supportingcommunities.org)

# Useful Service Providers



## Fermanagh Womens Aid

Fermanagh Women's Aid provides a trauma informed environment, that is nurturing and supportive, for women and children who experience Domestic Abuse. Our aim is to work for and with women and children through person centered care, ensuring that their voices are heard, and their needs are addressed. We challenge the attitudes and beliefs that perpetuate Domestic Abuse as a form of violence against women and children.

In 2021/2022, we supported 390 women and 339 children throughout the community in Co. Fermanagh.

We are pleased to launch our new website where you can find information on What is Domestic Abuse – the types and signs to look out for, how to Safety Plan and how to support someone who may be experiencing Domestic Abuse. You can learn more about who Fermanagh Women's Aid is and the services & support we can provide to women and children and the community.

For our ever-supportive community, you can find out ways to support us, whether that be through donations, fundraising or volunteering and we can keep you up to date with News and Events. Our easy to navigate website, will allow you to easily contact Fermanagh Women's Aid through telephone or email and quickly exit the site should you need to.

You can find out website at [www.fermanaghomensaid.com](http://www.fermanaghomensaid.com)

For more information on the services provided at Fermanagh Women's Aid, please contact 028 6632 8898

## EA Youth Service

With Summer fast approaching why not check out some of the amazing opportunities open to young people to tackle boredom and have a great time. The Lakeland Youth Centre provides opportunities and experiences for young people from Primary 6 right through to 21 years of age, with youth clubs, art and crafts, lego clubs and a baking club there is something for everyone.

Get in touch with their friendly staff for more information.



## Action For Children

Our team at Action for Children, Floating Support Service are continuing to deliver a service to all young people during this unprecedented time.

We understand that everyone has different circumstances and may require additional support during this time.

We work with young people aged 16-25 years old in Fermanagh area and young people 16-18 years old in Omagh area, who are homeless or at risk of homelessness. We wanted to let you know that the service is still open for new referrals and all staff are continuing to provide an effective service to ensure all our young people have a safe place to call home.

All staff are working remotely and continue to deliver an effective service.

All new enquiries/requests can be made Phone: 028 822 59495

# ASPIRE

ASPIRE Employability Programme is a Fermanagh and Omagh District Council led employability programme that has been successfully supporting people into paid employment since 2015. The programme operates in partnership with the Western Health & Social Care Trust, the Education Authority for the Western Region and delivery partner Fermanagh Rural Community Initiative.

ASPIRE provide tailored support to help local unemployed, underemployed or economically inactive people overcome the barriers to employment.

ASPIRE provides assistance by facilitating short courses, qualifications, work placements and CV development right through to practical support with the job application process. The guidance provided to each participant is tailored entirely to their individual needs, whatever they may be.

For regular updates on ASPIRE be sure to follow us on Facebook @ASPIREEmployabilityProgramme or check our website for regular updates at [www.fermanaghmaghaspire.com](http://www.fermanaghmaghaspire.com)

Fermanagh & Omagh District Council  
Comhairle Ceantair Fhear Manach agus na hÓmaí

**ASPIRE**  
Access to Success, Progression, Inclusion, Recognition, Employment

Are you over 16, unemployed, underemployed and not currently in full-time education?  
Hoping to get back to work or find a new career path?

**JOIN ASPIRE TODAY!**

**SUPPORTING PEOPLE INTO PAID EMPLOYMENT**

**FREE Training Includes:**

- Classroom Support Programme
- Industry Specific Training
- Administration
- Finance & Accounts
- Social Media Training
- Employability Skills
- CV Building

**IMMEDIATE PLACEMENT OPPORTUNITIES**  
★ GAIN EXPERIENCE WHILE YOU LEARN

**ASPIRE Experiences**  
"I am very grateful for all the assistance that I received while on ASPIRE and I honestly believe that I would not have gained my current position without the help of the ASPIRE team."

028 8224 6535 (Omagh) or 028 6632 6478 (Enniskillen) @AspireEmployabilityProgramme  
aspire@fermanaghmagh.com www.fermanaghmaghaspire.com

Logos: European Union, HSC Western Health and Social Care Trust, Department for the Economy

This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy

Fermanagh & Omagh District Council  
Comhairle Ceantair Fhear Manach agus na hÓmaí

**ASPIRE**  
Access to Success, Progression, Inclusion, Recognition, Employment

**CLASSROOM SUPPORT PROGRAMME**

**MON 25 JULY - FRI 5 AUGUST 2022**

**Join ASPIRE this Summer for our Fast Track Classroom Support Programme!**

- Child Protection
- Paediatric First Aid
- Sounds Write Linguistic Phonics
- Foundation Food Safety
- ICT for the Classroom
- Autism Awareness
- Employability Skills

**ENROLLING NOW**

028 8224 6535 (Omagh) or 028 6632 6478 (Enniskillen)  
aspire@fermanaghmagh.com  
@ASPIREEmployabilityProgramme

Logos: ASPIRE, European Union, HSC Western Health and Social Care Trust, Department for the Economy

This project is part funded through the Northern Ireland European Social Fund Programme 2014-2020 and the Department for the Economy



## Childcare Course

**Currently recruiting for next course**

**Interested in Childcare ?**

**Gain a Level 1 qualification in Childcare with 1:1 mentoring support all from the comfort of your own home in just 4 weeks.**

**Enquire Today!**

**Contact Bernie on: 07799348295 or e-mail: [bernie.johnston@swc.ac.uk](mailto:bernie.johnston@swc.ac.uk)**



Home-Start Lakeland have been supporting families in Co Fermanagh with at least one child under the age of 5 for the last 20 years. We realise that right now families are facing even more challenges due to Covid-19 restrictions but our scheme, with the help of volunteers are here to help support you and your family.

We can offer:

- Telephone support – staying connected is vital for our mental health and one of our volunteers will contact you weekly to offer friendship and encouragement
- Texts, messages and video calls from one of our trained volunteers
- Outdoor Meetings with a volunteer (with appropriate risk assessment in place)
- Walks in your area or local forest parks with a volunteer
- Meeting in play parks with a volunteer
- Volunteers taking young children in buggy for a walk to give parents a break
- Fast, affordable food for families cooking programme over zoom
- Baby Massage classes over zoom or pre-recorded to use at a time that suits you
- Zoom Sessions such as internet safety, managing finances, coping with crying, positive behaviour management
- Referrals to other sources of support e.g. foodbank, financial support, mental health services

If you would like some support or are interested in one of our online courses, , please get in touch on 028 6634 6818 or [info@homestartlakeland.com](mailto:info@homestartlakeland.com)

See our Facebook page 'Home-Start Lakeland' for more information, local area knowledge and activities for children.

**For parents when they need us most**





# Free School Meals and Uniform Grant

## DID YOU KNOW?

If you receive a qualifying benefit, your child may be eligible for free school meals and assistance towards a school uniform.



## ELIGIBILITY

**Parent(s)/Guardian(s):** you can apply if your child is in full-time education and you are in receipt of a qualifying benefit.

**Student(s):** you can apply if the course you are studying is a full-time course and you are receiving a qualifying benefit in your own name.

## HOW TO APPLY

Application forms and instructions are available at:

- 🔗 [www.eani.org.uk/financial-help](http://www.eani.org.uk/financial-help)
- 🏢 Jobs and Benefits Offices
- 🏫 Your child's school or college
- 🏠 Community Advice Centres
- 🏢 EA Offices

## CONTACT US

You can call your local Education Authority office:

- EA Belfast Office 028 9056 4000
- EA Ballymena Office 028 2566 1355
- EA Dundonald Office 028 9056 6200
- EA Armagh Office 028 3751 2523
- EA Omagh Office 028 8241 1496

more information is available at:

# [www.eani.org.uk/financial-help](http://www.eani.org.uk/financial-help)

Eligibility to Free Schools Meals and the Uniform Grant is subject to Dept of Education Criteria and Education Authority approval



# Aisling centre

Hope Healing Growth

## Your local Counselling, Psychotherapy & Well-Being Service

Counselling Support Services for the difficult time in our lives

## SELF REFERRAL

When you need someone to talk to... We are here to listen

### For further information

T: 028 66 325811 E: [info@theaislingcentre.com](mailto:info@theaislingcentre.com)  
Or download a referral form from: [www.theaislingcentre.com](http://www.theaislingcentre.com)

Registered with the Charity Commission for NI: NIC1010096  
Registered Company NO NI027011

disability  
blue badge  
benefits  
healthcare costs

# Are you getting all you're entitled to? make the call

**0800 232 1271**  
text 'CHECK' to 67300  
nidirect.gov.uk/makethecall

Department for Communities  
www.communities-ni.gov.uk

\*network charges may apply

Parents, carers, family members...

# if you need us we're here.

Call Parentline NI today for advice, support or guidance.

**FREEPHONE**  
**0808 8020 400**

Parentline NI is a service operated by Children in Northern Ireland & Relate NI. Funded by the Health and Social Care Board.

## The Independent Advice Network, providing advice to those who need it most.

### Do you need advice?

The Independent advice network provides free advice and information

FREEPHONE  
**0800 915 4604**

Benefits	Debt & Money Advice	Business Debt
Tax Credits & HMRC Products	EU Settlement Scheme	Covid-19 Community Helpline

### Czym jest Parentline?

Parentline NI to **BEZPŁATNA** i poufna linia zaufania dla rodziców i opiekunów w Irlandii Północnej.

Wysłuchamy Cię z troską i bez osądzania, zapewniając wsparcie i wskazując kierunek, niezależnie od tego, na jakim etapie swojej drogi jako rodzica się obecnie znajdujesz.

### Jak możemy Cię wesprzeć?

**Bezpłatna linia telefoniczna - 0808 8020 400**

Wsparcie, porady, wskazówki i/lub możliwość wysłuchania. Osoby dzwoniące na linię zaufania mogą odbyć jednorazową rozmowę w celu uzyskania wsparcia lub kontynuować proces w formie kolejnych rozmów, dostosowanych do potrzeb indywidualnych.

**Indywidualne wsparcie dla rodziców**

Indywidualne sesje wsparcia, dostosowane do indywidualnych potrzeb i okoliczności, we współpracy z jednym z naszych zespołów Parentline.

**Chat internetowy**

Gdy trudno jest znaleźć spokojne miejsce do rozmowy, można skorzystać z naszego chatu internetowego na stronie: [ci-ni.org.uk/parentline](http://ci-ni.org.uk/parentline)

### Warsztaty dla rodziców

Organizujemy szereg warsztatów na tematy związane z rodzicielstwem oraz innymi interesującymi dziedzinami.

### Podcast Parentline

Twój przewodnik po wszystkich obszarach rodzicielstwa. Dostępny na wszystkich platformach podcastowych, dostępny za darmo.

### Zasoby

Na życzenie udostępniamy szereg pomocnych materiałów na różne tematy związane z rodzicielstwem.

### Skierowanie do Relate NI

Dzięki współpracy Parentline z Relate możemy wystawić skierowanie na maksymalnie 10 sesji prowadzonych przez doradców Relate NI.

Aby uzyskać więcej informacji na temat dostępnych form wsparcia, zadzwoń do nas pod numer **0808 8020 400**

### Jesteśmy dla CIEBIE...

**Zespół Parentline powstał, aby CIĘ wysłuchać i NIE MA czegoś takiego jak głupie pytania...**

Mój nastolatek nie ma dla mnie szacunku, co mogę zrobić?  
Ile snu potrzebuje mój maluch?  
Jak zapewnić bezpieczeństwo dziecka w Internecie?  
Moje dziecko jest prześladowane w szkole, co mogę zrobić?  
Martwię się o pieniądze w czasie wakacji szkolnych...  
Moje dziecko bije innych, co mam robić?  
Czy to normalne, że...?  
Rozumiemy, że czasami nie wiadomo, od czego zacząć, a nawet jakie pytanie zadać...  
Nie wiem, od czego zacząć...porozmawiajmy

**0808 8020 400**

„Jesteście cudowni. Bardzo dziękuję za pomoc w przejściu od negatywnej do pozytywnej sytuacji. Dziękuję, że jesteście genialni!”

„Dziękujemy za rady, teraz złiberały ten owoc. Bardzo się cieszę, że się skontaktowałam!”

„Bardzo dziękuję za wspaniałą pomoc. Od momentu, gdy zadzwoniłam, czułam się wspierana. Rozpowszechniałam informację o tej usłudze wśród wszystkich w szkole!”

„Bardzo pomocne jest słyszeć spokojny głos w słuchawce.”

„Jeszcze raz dziękuję. Z pewnością wkrótce zadzwonię z prośbą o dalsze wsparcie. Byliście super!”

„Dziękuję, że jesteście moim bezpiecznym miejscem, w którym mogę dać upust wszystkiemu i wyrzucić z siebie pewne rzeczy”

Parent Line NI  
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Kim jesteśmy?  
Co robimy?



## من هي Parentline؟

تعد Parentline NI خط المساعدة المجاني والسري للأبوين ولمقدمي الرعاية في أيرلندا الشمالية.

فنحن أذان صاغية وغير جاكمة لكم ولدعمكم أو لتوجيهكم أينما كنتم في رحلة الأبوة والأمومة.

## ابق على تواصل معنا

نحن هنا من أجلك على رقم هاتف: 0808 8020 400، من الإثنين إلى الخميس من الساعة 9 صباحاً إلى 9 مساءً، ويوم الجمعة من الساعة 9 صباحاً إلى 5 مساءً، ويوم السبت من الساعة 9 صباحاً إلى 1 ظهراً. webchat; ci-ni.org.uk email; Parentline@ci-ni.org.uk Facebook.com/parentlineNI

### بيان مهمتنا

يسبب كل من الوالدين بالتقدير والاحترام والرعاية في كل اتصال، بالإضافة إلى التشجيع على قضاء الوقت في الاتصال بأطفالهما، ومعاملة أنفسهم بعناية وتعاطف.

## كيف نقدم الدعم لك؟

خط الهاتف المجاني 0808 8020 400

للدعم والمشورة والتوجيه وأو الانصات باهتمام. حيث يمكن للمتصلين بخط المساعدة الاستفادة من مكالمات الدعم أو متابعة مكالمات أخرى مصممة لتلبية احتياجاتك.

## الدعم المخصص وجهاً لوجه لكل من الوالدين

جلسة الدعم وجهاً لوجه مصممة لتلبية احتياجاتك وظروفك الفردية، والعمل جنباً إلى جنب مع أحد أعضاء فريقنا Parentline المتفاني.

## دردشة الويب

عندما يكون من الصعب العثور على مكان هادئ للحديث، فإن استخدام موقعنا على الإنترنت جدير بالمحاولة. ci-ni.org.uk/parentline



## ورشة عمل للوالدين

تُعد مجموعات من ورش العمل حول مواضيع تخص الوالدين ومجالات الاهتمام.

## Parentline بود كاست

دليلك لجميع الأشياء التي تخص الوالدين. متاح مجاناً من خلال جميع منصات البود كاست.

## الموارد

لدينا مجموعة من الموارد المفيدة التي تغطي نطاق واسع من مواضيع الوالدين المتاحة لتبادل الآراء عند الطلب.

## ربط NI للإحالة

من خلال الشراكة بين Parentline و Relate يمكننا إجراء إحالة والتي قد تصل إلى 10 جلسات مع مستشاري Relate NI.

لمزيد من المعلومات عن كيفية دعمك، اتصل بنا على رقم الهاتف 0808 8020 400



Parent Line NI  
0808 8020 400

من نحن؟  
ماذا نفعل؟

# Latest Volunteering Opportunities (Fermanagh Area)

Spring 2022

VOLUNTEERS  
NEEDED!

For a full selection of volunteering opportunities, use the Opportunity Search on [volunteernow.co.uk](http://volunteernow.co.uk) Need a hand? Use the Contact forms on our website or email [info@volunteernow.co.uk](mailto:info@volunteernow.co.uk)

VOLUNTEER NOW  
think - act - do

## NOW Group Fermanagh - Social Group Volunteer

NOW Group are looking for enthusiastic, reliable, fun, outgoing, friendly volunteers (age 18+) to help out with their social group in Enniskillen which meets on a Thursday evening. Find out more: <https://bit.ly/3vOlP4S>



## Cats Protection - Team Leader (Erne Branch)

Cats Protection help thousands of cats and kittens each year thanks to dedicated and passionate volunteer groups. Their Erne branch are looking for a Team Leader to help support their volunteers. Find out more: <https://bit.ly/3vMc9iD>



## Omagh Futsal - Youth Coach & Supervisor

Volunteers needed on a Monday evening 5-6pm to assist their Head Coach with the Youth Academy at the Lakeland Forum. Volunteers will be offered free coaching qualifications. Find out more: <https://bit.ly/3JCsSbG>



## Share Discovery Village - Open Day Volunteers

Share Discovery Village need some volunteers to help at their Open Days (19+20 March) - meet and greet visitors, help with activities, BBQ, etc. For more info visit <https://bit.ly/3tAH5j7> Volunteers are also needed to help with National Gardening Week in May <https://bit.ly/3J1nKk> and with Seasonal work <https://bit.ly/3CkamCE>



## National Trust - Crom

The Volunteer Gardener role at Crom Estate is ideal for anyone who is interested in gaining experience in the world of horticulture: <https://bit.ly/3JweiTf> Or if you love meeting new people and enjoy working with families the Welcome Volunteer role could be for you: <https://bit.ly/3BD6uwp>



## Guide Dogs NI - Deputy Fundraising Group Coordinator

Deputy fundraising group coordinator needed to support the coordinator to coordinate a group of volunteers to raise funds through events or other activities: <https://bit.ly/3Gpg1Yn> Volunteer Fundraisers also required in the Enniskillen area: <https://bit.ly/3J3BZSu>



## Dementia NI - Empowerment Support Group volunteer

Could you help to support people living with dementia? Volunteers are needed at the support group in Enniskillen which meets every Thursday morning: <https://bit.ly/34815BP>



## Tea & Tots - Baby & Toddler group

Volunteers needed to help with the Baby and Toddler group in Boho Community Hall which runs every Wednesday from 10.15 to 12.45pm: <https://bit.ly/3JXm1ux>

For more information about volunteering in the Fermanagh area contact:

Lynn Johnston on 07467 486638 or email [lynn.johnston@volunteernow.co.uk](mailto:lynn.johnston@volunteernow.co.uk)



Northern Ireland Executive  
Supported by the Northern Ireland Executive through the Department for Communities

Registered office: Skainos Centre, 239 Newtownards Road, Belfast, BT4 1AF, Company Limited by Guarantee No. NI602399  
Charity Registration No. NIC101309  
This information is only relevant at the time of publication (9 March 2022)

## نحن هنا...

فريق Parentline هنا للاستماع إليك، حيث لا توجد أسئلة سخيفة...

ابني المراهق لا يحترمني، ماذا يمكنني أن أفعل؟

ما مقدار النوم الذي تحتاجه صغیرتی؟ كيف أحافظ على سلامة طفلي عن استخدامه للإنترنت؟ طفلي يتعرض للتنمر في المدرسة، ماذا يمكنني أن أفعل؟ أنا قلق بشأن إدارة المال خلال العطلة المدرسية.. طفلي يضرب، ماذا أفعل؟ هل من الطبيعي أن...؟

كما أننا نتفهم أنه من الصعب أحياناً أن نعرف من أين نبدأ أو حتى أي سؤال نسأله...

لا أعرف من أين أبدأ

... فقط نتحدث

0808 8020 400

"لقد كنت نجماً، شكراً جزيلاً لمُساعدتي أنتقل من السلبى إلى الإيجابي، شكراً، لأنك عبقري"

"شكراً جزيلاً لكم على هذه الخدمة العظيمة، منذ اللحظة الأولى التي اتصلت بها شعرت بالدعم، لقد كنت أشعر بالكلمات لكل شخص في المدرسة"

"شكراً لنصحتك، نحن نحن أنا مسرور جداً لأنني تواصلت معكم."

"شكراً مرة أخرى، سأواصل بالتأكيد هاتفياً للحصول على دعم إضافي في وقت ما قريباً، لقد كنت رائعاً!"

"شكراً لكونكم ملاذي الأمن للتنقيس عن كل هذا والتخلص من على صدري"

فيسبوك إنستغرام



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## HELPING LOCAL PEOPLE IN CRISIS

### HOW TO GET HELP

If you need help from our foodbank there are a few simple steps to follow.

#### THE MOST IMPORTANT STEP IS TO GET A FOODBANK VOUCHER.

In order to provide the most appropriate help for the circumstances of your situation we work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies we work with include: Citizens Advice, housing support officers, children's centres, health visitors, social services and some local charities.

1. **GET IN TOUCH WITH US.** If you call **07512548849** or email our foodbank on **info@enniskillen.foodbank.org.uk** and we can talk through your situation and put you in touch with a relevant local agency.
2. **ARRANGE A VISIT TO THE REFERRAL AGENCY.** They will discuss your situation and supply you with a foodbank voucher where appropriate.
3. **BRING YOUR FOODBANK VOUCHER TO YOUR NEAREST FOODBANK CENTRE.** When you arrive, we'll welcome you with a warm drink and our trained volunteers will chat with you about your situation. We'll also discuss any dietary needs you may have and exchange your foodbank voucher for a parcel of three days of emergency food. We'll also help to support you in any other ways that we can. Most of our foodbank centres offer a cafe style environment and our aim is to provide non-judgemental support at the point of crisis.

**TALK TO US**  
If things are getting to you

☎ **116 123** FREE  
This number is FREE to call round the clock

✉ **jo@samaritans.org**

🌐 **samaritans.org**

**SAMARITANS**  
A registered charity

**ANYONE**  
Call the **Domestic and Sexual Abuse Helpline**  
**0808 802 1414**

**We are here for you confidentially 24/7.**  
**You will be heard, you will be believed.**

**YOU DON'T HAVE TO DRINK TO SUFFER FROM ALCOHOLISM**

Call our Confidential **FREE Helpline**  
**0800 0086 811**

**Al-Anon Family Groups**  
Help and hope for families and friends of alcoholics

# Useful Contact Numbers

Please note that numbers beginning 0800 or 0808 are free to phone from landlines and mobiles

## Emergency Services

Fire, Police and Ambulance in an emergency	999 or 112
Crime Stoppers	0800 555 111
PSNI Neighbourhood Police	101

## Emergency, Statutory and Key Services

BT Northern Ireland	0800 800 151
Department for Regional Development (problems with street lighting)	0300 200 7893
Fermanagh & Omagh District Council	0300 303 1777
Flooding Incident Line	0300 200 0100
Child Social Services	(028) 6638 2043
GP Out of Hours Service	(028) 7186 5195
Jobs and Benefits Office, Benefit Enquiries	0800 022 4250
Jobs and Benefits Office, Careers service	0300 200 7822
Northern Ireland Electricity	0845 764 3643
Northern Ireland Gas Emergency Service	0800 002 001
Northern Ireland Housing Executive	0344 892 0900
Northern Ireland Housing Executive out of hours	0344 920 0901
Northern Ireland Water	08457440088
Northern Ireland Water Leak line	0800 028 0088
Rivers Agency	(028) 6638 8529
South West Acute Hospital (SWAH)	(028) 6638 2000
Transport NI	(028) 9054 0540

## Help Lines and Advice

Citizen's Advice Bureau	(028) 6632 4334
Drugs Helpline (National)	0300 123 6600
Lifeline	0808 808 8000
NSPCC Helpline	0808 800 5000
Smokers Helpline	0800 917 9388
Samaritans Helpline	116 123
CRUSE Bereavement centre	0808 808 1677
Eating Disorder Helpline	(028) 9023 5959
SWC Sexual Health Clinic	(028) 8283 5536
Inspire	(028) 6632 6930
Childline	0800 1111
Alcoholics Anonymous	(028) 9035 1222
Al Anon	(028) 9068 2368
Gamblers Anonymous	0330 094 0322
MIND	0300 123 3393

## Business Support

Fermanagh Enterprise	(028) 6632 7348
Fermanagh & Omagh District Council	0300 303 1777
Go For It	(028) 6632 7348
Invest NI	0800 181 4422

## Children's Service Providers

Acton for Children	(028) 6632 4181
Employers for Childcare	0800 028 3008
Devenish Partnership Forum	(028) 6632 7808
EA Youth Service	(028) 6632 6932
Homestart	(028) 6634 6818
Hangout and Find Centre Enniskillen	(028) 6632 5559
Kilmacormick Community Playgroup	(028) 6622 8635
Neighbourhood Renewal Learning Mentor	(028) 6632 2935
Cherish SureStart	(028) 6862 1970
CAMHS	(028) 6634 4115

## Community and Voluntary Organisations

Cancer Connect NI	(028) 66340102
Devenish Partnership Forum	(028) 6632 7808
Enniskillen Food Bank	07412 133847
Enniskillen Town Residents Association	(028) 6632 7173
Fermanagh House and Fermanagh Trust	(028) 6632 0210
Fermanagh Community Transport	(028) 6632 4260
Hangout/Find Centre Enniskillen	(028) 6632 5559
Homestart	(028) 6634 6818
Kilmacormick Resource Centre and Playgroup	(028) 6622 8635
Solace	(028) 6862 8741
Supporting Communities NI	(028) 6632 9677
Volunteer Now	07467 486638

## Health and Well-being Providers and Services

Fermanagh Women's Aid	(028) 6632 8898
Acton Mental Health	(028) 6632 3630
Aisling Centre	(028) 6632 5811
Family Planning at South West Acute Hospital	(028) 6638 2693
NEXUS	0800 802 1414

## Schools and Further Education Providers

Devenish College	(028) 6632 2923
Enniskillen Royal Grammar School	
Cooper Crescent site	(028) 6632 2165
Lough Shore site	(028) 6632 2658
Erne Integrated College	(028) 6632 5996
Erne Integrated Primary School	(028) 6632 6799
Holy Trinity Primary School	(028) 6632 3313
Jones Memorial Primary School	(028) 6632 3420
Model Primary School	(028) 6632 4865
Mount Lourde's Grammar	(028) 6632 2265
Neighbourhood Renewal Learning Mentor	(028) 6632 2935
South West College	(028) 8225 0109
St Michael's College	(028) 6632 2935
St Fanchea's College	(028) 6632 2919
St Joseph's College	(028) 6632 2918

## Training and Skills Providers

AMH Employment Service	(028) 6632 3630
ASPIRE	(028) 6632 6478
Fermanagh Rural Community Initiative	(028) 6632 6478
Going Places	07831 122703
Neighbourhood Renewal Learning Mentor	(028) 6632 2265
Rutledge Recruitment (Steps 2 Success Programme)	(028) 6632 9858
South West College	(028) 8225 0109
SUSE+	07442 531667/07831 122687
21 Training	(028) 7138 2260



Fermanagh & Omagh  
District Council  
Comhairle Ceantair  
Fhear Manach agus na hÓmaí



Department for  
**Communities**  
www.communities-ni.gov.uk